

February is National Children's Dental Health Month!

SECRET MESSAGE!

Den and Buck are decoding a secret message.

Join in the fun! Cross off the words in the grid below by following the steps.

	A	B	C	D	E
1	HEN	MOUTHGUARD	TONGUE	BASEBALL	BOOK
2	SEALANT	BRUSH	MAGAZINE	DEN	VEGETABLES
3	HAPPY	GLAD	WHEN	CYCLING	GRAPE
4	JOURNALIST	GEN	CARROT	LETTER	POSTCARD
5	AND	SOCCER	SMILE	GRIN	MEN
6	BUCKY	PLAQUE	PEAR	FLOSS	WELCOME
7	DUCK	APPLE	LUCK	SWIMMING	EMAIL
8	ENAMEL	TENNIS	FLOSSY	TOOTHPASTE	YOUR
9	NEWSPAPER	FRIEND	BUDDY	CAULIFLOWER	TRUCK
10	NEIGHBORS	ADVENTURES	TEETH	SURPRISE	PLAYGROUND



Message: Brush and floss your teeth.

1. Cross off all 10 letter words.
2. Cross off all things you can read.
3. Cross off all sports activities in columns B and D.
4. Cross off all words with exactly 3 vowels.
5. Cross off the first names of the McGrinns and the Smileys.
6. Cross off all the words that rhyme with Den or Buck.
7. Cross off all the words that are healthy fruits and vegetables.
8. If 2 words directly next to each other in a row, have the same meaning, cross them both off.

Now, read the remaining words from left to right to find the hidden message!